



Complete Your Planning

Estate planning, broadly defined, should encompass everything related to the end of life, including a Living Will and medical care power of attorney. Unfortunately, the majority of adults do not have a medical care power of attorney or Living Will, and only 71% of all Americans have Wills or Revocable Living Trusts. We hope you will take steps this year to establish or review your estate plan—with special attention to Wills, Trusts, Living Wills and medical care powers of attorney or proxies.

Tailor Your Plans

Estate plans should be individually designed to meet your personal needs and desires. Special attention should be given to care of a disabled son or daughter, aged parents, business interests, minimizing taxes and providing for worthwhile causes and organizations like your church, Family Life Radio, *Intentional Living* or other ministries that are important to you.

Consider an Estate Gift

As you make or review your estate plans, we hope you will consider including us in your Will, Living Trust, life insurance or retirement plan. Our Planned Giving staff is always available and would be pleased to assist you in the process of completing your estate plan.

Family Life Radio and *Intentional Living* are ministries of



Important Gift Planning Information

Legal name for making a bequest to
Family Life Radio is:

FAMILY LIFE BROADCASTING SYSTEM
Tax ID #38-1812892

Legal name for making a bequest to
Intentional Living is:

PARENT TALK, INC.
Tax ID# 86-0672542

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PLANNED GIVING DEPARTMENT

P.O. Box 35300 - Tucson, AZ 85740

www.myFLR.org/plannedgiving

Health Care *Decisions*

Take care of your family
and leave a legacy





Spouses, other family members or close friends are common choices to serve as “agents” or “proxies.” Choosing the right person is very important. You need to choose someone that you trust. This person should know your religious beliefs, be able to easily talk to your doctors and won’t hesitate to act on your behalf. It’s a good idea to name an alternate agent who can step in if for any reason your main agent can’t serve.

How Will You Make Important Health Care Decisions?

You have the right to name someone to make health care decisions for you when you cannot make or communicate those decisions yourself. A **medical care power of attorney** (also known as a durable power of attorney for health care) is a document that appoints someone else to make decisions regarding your medical care. You should know the law regarding this document because of its importance. If your health declines to the state that you can no longer communicate with others, the person named in your medical power of attorney will communicate for you to doctors and other care providers. In addition, many people think about whether they would want life-sustaining medical treatment continued if they were unconscious and had no chance of recovery from an accident or illness. No question could be more personal. Our hope is that, after reading this information, you’ll be prepared to make decisions and make your wishes known to others in writing. There are three easy steps to get you started.

1. Choose a Decision Maker

A medical care power of attorney names a person to make health care decisions for you in the event you are incapacitated, and specifies the circumstances under which you want life-sustaining treatment maintained, withheld or removed.

A medical care power of attorney is governed by state law, so consult your attorney as to local requirements, and if you reside for part of the year in a different state, be sure to communicate that fact to your advisor.

2. Develop a Living Will

A Living Will is simply a statement by you, in writing, as to your preferences on life-sustaining treatment that you give to your doctor and family members. Living Wills are not officially recognized in all states, but they nonetheless may serve to avoid confusion and disagreement about what choices you would have wanted.

Living Wills declare your feelings and philosophy about quality-of-life issues to family members and can be specific about the kinds of treatment or therapies you want maintained or withdrawn. It is important to sign and date your Living Will, generally before two witnesses, and to discuss it with close friends or family members.

3. Communicate Your Plans

Statistically, 74% of people do not have a Living Will and/or medical care power of attorney. Make sure your agent and medical staff all have copies of your instructions and have a serious discussion about your preferences.

Where to Obtain Forms

Standard forms for Living Wills and health care powers of attorney are available online and at many hospitals and state medical associations. If your state recognizes Living Wills, then you can obtain the forms from your state legislature offices as well.

Revisit Your Documents Periodically

Like other components of your estate plan, your Living Will and medical care power of attorney should be reviewed frequently to ensure that your needs and treatment wishes are unchanged and the person designated to make health care decisions for you is still willing and able to serve.

